



## INSTRUCTIONS FOR THE PREPARATION OF POSTER PRESENTATIONS

### Format

- Posters *must* reflect the material summarized in your abstract.
- Preferred Poster size is **42 inches height by 45 inches width**. The overall poster board is 96" horizontally (width) x 48" vertically (height) with two posters displayed on each side of the board.
- Each board will be identified by a number corresponding to the number of the poster listed in the Program Book.

### Poster Board Set-Up

Monday, October 21: 4:00 to 5:00 pm	Posters boards set up in room 518
Tuesday, October 22: 7:00 am - 6:15 pm	Poster boards on display in room 518
Wednesday, October 22	Poster boards moved to room 517A for display
Wednesday, October 22: 4:00 pm	Poster boards moved to OTA Expo Hall
Thursday October 23 - 24	Poster boards on display in OTA Expo Hall
Friday, October 24 from 6:30 to 8:00 pm	Poster Board Take-down

*\*\*\*Poster that are not removed by 8:00 pm on Friday, October 24, will be recycled\*\*\**

### Poster Guidelines

Authors must provide the following:

- A **HEADING** that includes the title, authors, and affiliation. This also needs to include author disclosures and conflict of interest (COI). This heading must be mounted at the top of the board. Lettering should be large enough to be read at least eight feet from the board.
- **TEXT, FIGURES, AND GRAPHS**, legible from four feet away.
- Posters must reflect the material summarized in your submitted abstract.
- Poster arrangements will vary depending on the material presented.

**ORS provides:**

1. Poster Board
2. Poster Number

**Author provides:**

1. Heading
2. Authors and Disclosures/Conflict of Interest
3. Graphs, Figures, Text

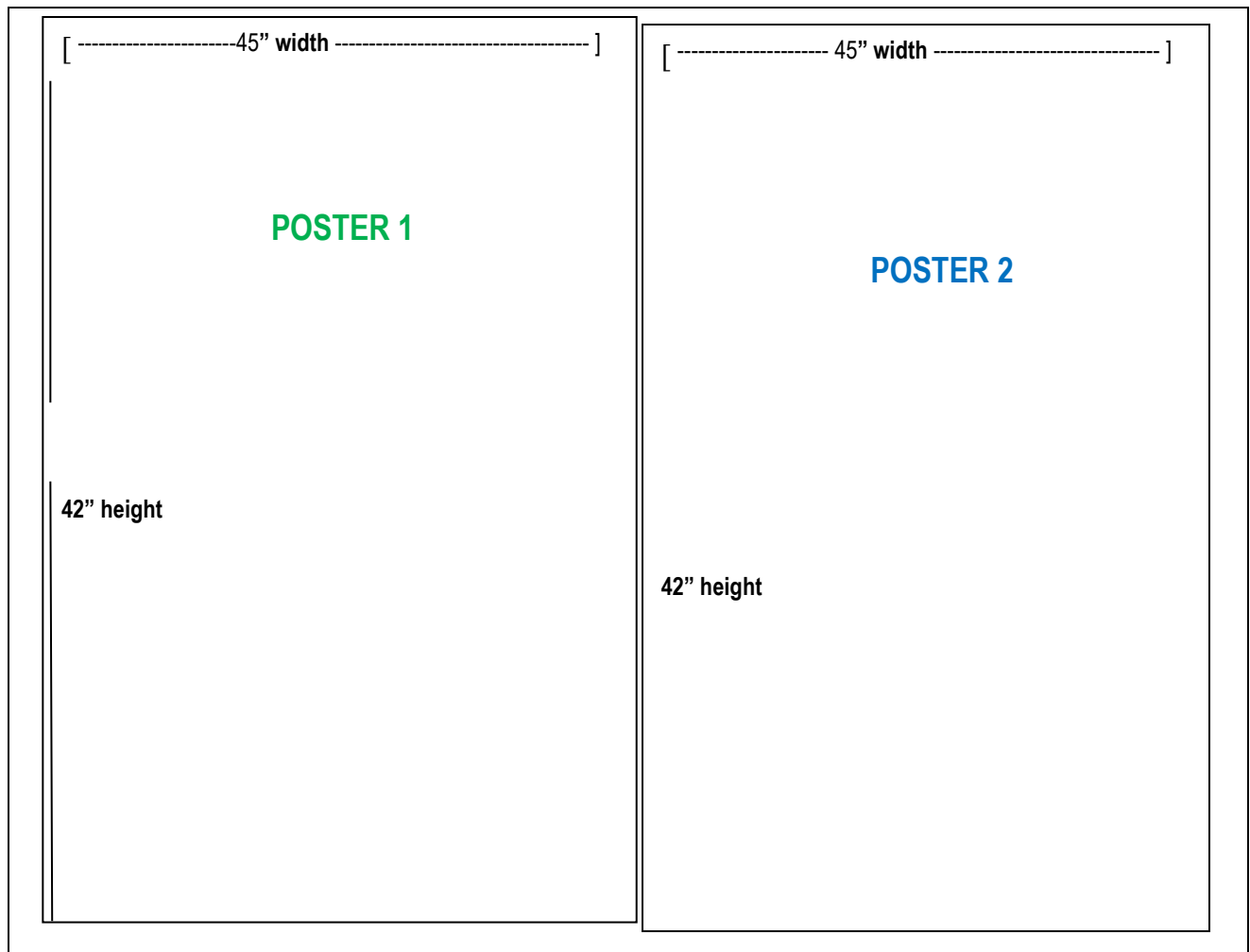
**42" ↑ x 45" ⇔**

Title		
Authors Affiliations		
Disclosures/Conflict of Interest		
Objectives	Results	Illustrations
Methods		

**Poster Board is 96" width x 48" height** (96" horizontal (width) x 48" vertical (height))

The preferred poster size allowed is 42" height x 45" width. This will allow for two posters per board.

[< ----- 96" ----->]



### **Helpful Hints**

- Make poster presentations as self-explanatory as possible;
- Data displayed should be clear and concise;
- Photos, figures, diagrams, charts should reflect pertinent points;
- Posters should be legible – large enough print to be read 4' to 6' away;
- Avoid abbreviations and acronyms without giving their full form;
- When captions are used, limit them to a couple of sentences.
- Avoid using all capital letters except short titles, otherwise the text will be too difficult to read;

### **Color**

Color is very useful for creating interest and accentuating specific parts of any presentation. Use only a few common colors. In general, it is best to use light lettering (e.g., white, yellow, golden yellow, ivory, light blue, cyan) on dark backgrounds (e.g., royal blue, navy blue, teal green, forest green or purple). Colors like red, magenta, and orange can work well as accents, but they are too "hot" for use over large areas of a display. Fluorescent colors, while eye-catching, do not carry the professional image you want to project. Most importantly, make sure the color combinations you select are visually appealing.

### **Artwork and Lettering**

Creative artwork with an uncluttered layout will encourage attendees to stop and examine your poster presentation. Use self-explanatory drawings, photos and charts to express ideas. When captions are used, limit them to a couple of sentences.

**Do Not**

- Simply enlarge your abstract
- Be overly ornate
- Bring x-rays, (viewers won't be able to see them clearly)
- Use more than your allocated space.

**Push Pins for Posters:** Please make sure to bring push pins so you can post your poster on the poster board.

**POSTER PRINTING SERVICE**

If you need poster printing services, please contact <https://www.posterpresentations.com/> the last day to request poster printing services is midnight September 15, 2024. ORS has no ties or affiliation with this company and letting you know of this service if you need to have your poster printed when you arrive in Montreal, if you haven't planned for that yet, please feel free to contact them or another company that can assist your poster needs.