ORS PSRS 8th International Spine Research Symposium

Sunday, November 1 – Thursday, November 5, 2026

Program Outline

Sunday, November 1, 2026

2:00 PM – 5:30 PM	Arrival and Check-in
5:30 PM – 7:00 PM	Dinner
7:00 PM – 7:10 PM	Welcome & Introductory Comments by Co-Chairs
7:10 PM – 9:00 PM	***Scientific Session - Epidemiology and Mechanisms of Back Pain***
9:00 PM – 10:00 PM	Welcome Reception
10:00 PM	Campfire with S'mores

Monday, November 2, 2026

7:30 AM – 8:30 AM	Breakfast
8:30 AM – 10:00 AM	***Scientific Session - Molecular, Cell and Developmental Biology of the Disc***
10:00 AM – 10:30 AM	Break
10:30 AM – 12:00 PM	***Scientific Session - Pathobiology of Disc Degeneration***
12:00 PM – 1:00 PM	Lunch
1:00 PM – 4:00 PM	Free Networking Time
4:00 PM – 5:30 PM	Odd Number Poster Viewing
5:30 PM – 6:30 PM	Dinner
6:30 PM – 7:00 PM	PSRS Lifetime Achievement Awardee Lecture
7:00 PM – 9:00 PM	***Scientific Session – Diagnostics, Imaging, & Clinical Outcomes***
9:00 PM – 10:00 PM	Networking Reception

Tuesday, November 3, 2026

7:30 AM – 8:30 AM	Breakfast
8:30 AM – 10:00 AM	***Scientific Session - Systemic Crosstalk and Pain***
10:00 AM – 10:30 AM	Break
10:30 AM – 12:00 PM	***Scientific Session - Crosstalk in the Aging Spine***
12:00 PM – 1:00 PM	Lunch
1:00 PM – 4:00 PM	Free Networking Time
1:00 PM – 3:30 PM	Optional Program: NIH Meet the Program Officers
4:00 PM – 4:45 PM	Odd Number Poster Viewing
4:45 PM – 5:30 PM	Even Number Poster Viewing
5:30 PM – 6:45 PM	Dinner
7:00 PM – 9:00 PM	***Scientific Session – Spine Biomechanics and Mechanobiology***
9:10 PM – 10:00 PM	Networking Reception

Wednesday, November 4, 2026

7:30 AM – 8:30 AM	Breakfast
8:30 AM – 10:00 AM	***Scientific Session - Insights from the Next Generation: Highlighting Rising Stars in Spine Research***
10:10 AM – 10:30 AM	Break
10:30 AM – 12:o0 PM	***Scientific Session - Advances in Translational Research: Models, Tissue Engineering, Biomaterials***
12:00 PM – 1:00 PM	Lunch
1:00 PM – 4:00 PM	Free Networking Time
4:00 PM – 5:30 PM	Even Number Poster Viewing
5:30 PM – 6:45 PM	Dinner
7:00 PM – 8:20 PM	***Scientific Session - Advances in Translational Research: Cell and Gene Therapy***
8:20 PM – 8:30 PM	Awards Ceremony and Closing Remarks
8:40 PM – 10:10 PM	Trivia Night

Thursday, November 5, 2026

8:00 AM – 10:00 AM	Breakfast
11:00 AM	Check-out